## Living Channel Sample week January 2019

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|---|---|---|---|---|---|---|---|---|
| 12:00 | | | | | | | | 12:00 |
| 12:15 | 12:15, Great British Railway Journeys, , | | | | | | | 12:15 |
| 12:30 | | 12:40, Homes Under The Hammer, , | 12:40, Homes Under The Hammer, , | 12:40, Homes Under The Hammer, , | 12:40, Homes Under The Hammer, , | 12:40, Homes Under The Hammer, , | | 12:30 |
| 12:45 | 12:50, George Clarke's Shed Of The Year, , | | | | | | 12:50, The Yorkshire Vet, , | 12:45 |
| 13:00 | | | | | | | | 13:00 |
| 13:15 | | | | | | | | 13:15 |
| 13:30 | | 13:40, Antiques Roadshow, , | | 13:40, Escape To The Continent, , | | 13:40, Great Continental Railway Journeys, , | | 13:30 |
| 13:45 | 13:50, Alex Polizzi Secret Spain, , | | 13:45, Selling Houses Australia, , | | 13:45, Location, Location, Location, , | | 13:50, The Farmers Country Showdown, , | 13:45 |
| 14:00 | | | | | | | | 14:00 |
| 14:15 | | | | | | | | 14:15 |
| 14:30 | | 14:40, Long Lost Family USA, , | 14:40, Long Lost Family USA, , | 14:40, Long Lost Family USA, , | 14:40, Long Lost Family USA, , | 14:40, Long Lost Family USA, , | | 14:30 |
| 14:45 | 14:45, Grand Designs Specials, , | | | | | | 14:45, The Hotel Inspector, , | 14:45 |
| 15:00 | | | | | | | | 15:00 |
| 15:15 | | | | | | | | 15:15 |
| 15:30 | 15:40, Grand Designs Specials, , | 15:35, A Place In The Sun: Summer Sun, , | 15:35, A Place In The Sun: Summer Sun, , | 15:35, A Place In The Sun: Summer Sun, , | 15:35, A Place In The Sun: Summer Sun, , | 15:35, A Place In The Sun: Summer Sun, , | 15:40, The Hotel Inspector, , | 15:30 |
| 15:45 | | | | | | | | 15:45 |
| 16:00 | | | | | | | | 16:00 |
| 16:15 | | | | | | | | 16:15 |
| 16:30 | 16:35, Grand Designs Specials, , | 16:30, Tony Robinson's Coast To Coast, , | 16:30, Love It Or List It Australia, , | 16:30, The House That 100k Built, , | 16:30, George Clarke's Shed Of The Year, , | 16:30, The Big Allotment Challenge, , | 16:30, The Hotel Inspector, , | 16:30 |
| 16:45 | | | | | | | | 16:45 |
| 17:00 | | | | | | | | 17:00 |
| 17:15 | | | | | | | | 17:15 |
| 17:30 | 17:30, Grand Designs Specials, , | 17:30, Selling Houses Australia, , | 17:30, Selling Houses Australia, , | 17:30, Selling Houses Australia, , | 17:30, Selling Houses Australia, , | 17:30, Selling Houses Australia, , | 17:30, The Hotel Inspector, , | 17:30 |
| 17:45 | | | | | | | | 17:45 |
| 18:00 | | | | | | | | 18:00 |
| 18:15 | | | | | | | | 18:15 |
| 18:30 | 18:30, Grand Designs New Zealand, , | 18:30, Location, Location, Location, , | 18:30, Location, Location, Location, , | 18:30, Location, Location, Location, , | 18:30, Location, Location, Location, , | 18:30, Location, Location, Location, , | 18:30, George Clarke's Shed Of The Year, , | 18:30 |
| 18:45 | | | | | | | | 18:45 |
| 19:00 | | | | | | | | 19:00 |
| 19:15 | | | | | | | | 19:15 |
| 19:30 | 19:30, Escape To The Continent, , | 19:30, Escape To The Country, , | 19:30, Grand Designs New Zealand, , | 19:30, A Place In The Sun: Winter Sun, , | 19:30, Selling Houses Australia, , | 19:30, Long Lost Family, , | 19:30, Love It Or List It Australia, , | 19:30 |
| 19:45 | | | | | | | | 19:45 |
| 20:00 | | | | | | | | 20:00 |
| 20:15 | | | | | | | | 20:15 |
| 20:30 | 20:30, Tony Robinson's Coast To Coast, , | 20:30, Love It Or List It Australia, , | 20:30, The House That 100k Built, , | 20:30, George Clarke's Shed Of The Year, , | 20:30, The Big Allotment Challenge, , | 20:30, Long Lost Family USA, , | 20:30, Great British Railway Journeys, , | 20:30 |
| 20:45 | | | | | | | | 20:45 |
| 21:00 | | | | | | | 21:00, Great British Railway Journeys, , | 21:00 |
| 21:15 | | | | | | | | 21:15 |
| 21:30 | 21:30, Long Lost Family USA, , | 21:30, Selling Houses Australia, , | 21:30, Escape To The Continent, , | 21:30, Location, Location, Location, , | 21:30, Great Continental Railway Journeys, , | | 21:30, Great American Railroad Journeys, , | 21:30 |
| 21:45 | | | | | | | | 21:45 |
| 22:00 | | | | | | 22:00, Family Finders, , | | 22:00 |
| 22:15 | | | | | | | | 22:15 |
| 22:30 | 22:30, The House That 100k Built, , | 22:30, Best Of Both Worlds, , | 22:30, George Clarke's Shed Of The Year, , | 22:30, Love It Or List It Australia, , | 22:30, Grand Designs New Zealand, , | 22:30, The Yorkshire Vet, , | 22:30, Great Canal Journeys, , | 22:30 |
| 22:45 | | | | | | | | 22:45 |
| 23:00 | | | | | | | | 23:00 |
| 23:15 | | | | | | | | 23:15 |
| 23:30 | 23:30, Garden Rescue, , | 23:30, Selling Houses Australia, , | 23:30, Selling Houses Australia, , | 23:30, Selling Houses Australia, , | 23:30, Selling Houses Australia, , | 23:30, Selling Houses Australia, , | 23:30, A Place In The Sun: Winter Sun, , | 23:30 |
| 23:45 | | | | | | | | 23:45 |
| 24:00 | | | | | | | | 24:00 |