

MTV Sample Week

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
12:00				12:10, The Hills, .				12:00
12:15		12:25, 16 And Pregnant, .	12:25, 16 And Pregnant, .		12:25, 16 And Pregnant, .	12:25, 16 and Pregnant, .	12:25, Catfish: The TV Show, .	12:15
12:30	12:30, Teen Mom, .			12:35, The Hills, .				12:30
12:45								12:45
13:00				13:05, Catfish: The TV Show, .				13:00
13:15	13:25, Teen Mom, .	13:20, Teen Mom OG, .	13:20, Teen Mom: Young & Pregnant, .		13:20, Ex On The Beach USA, .	13:20, MTV Floribama Shore, .	13:20, Catfish: The TV Show, .	13:15
13:30								13:30
13:45								13:45
14:00				14:00, Lindsay Lohan: Paradise Boss, .				14:00
14:15	14:20, Teen Mom: Young & Pregnant, .	14:20, The Challenge: Champs Vs Stars, .	14:20, The Challenge: Champs Vs Stars, .		14:20, The Challenge: Champs Vs Stars, .	14:20, The Challenge: Champs Vs Stars, .	14:20, True Love or True Lies?, .	14:15
14:30								14:30
14:45				14:55, The Challenge: Champs Vs Stars, .				14:45
15:00		15:10, Ridiculousness, .	15:10, Ridiculousness, .		15:10, Ridiculousness, .	15:10, Ridiculousness, .	15:10, Jersey Shore, .	15:00
15:15	15:15, Teen Mom: Young & Pregnant, .	15:35, Ridiculousness, .	15:35, Ridiculousness, .		15:35, Ridiculousness, .	15:35, Ridiculousness, .		15:15
15:30								15:30
15:45				15:45, Ridiculousness, .				15:45
16:00	16:10, Teen Mom OG, .	16:00, Ridiculousness, .	16:00, Ridiculousness, .	16:10, Teen Mom, .	16:00, Ridiculousness, .	16:00, Ridiculousness, .	16:05, Jersey Shore, .	16:00
16:15		16:20, Teen Mom, .	16:20, Teen Mom, .		16:20, Teen Mom, .	16:20, Teen Mom, .		16:15
16:30								16:30
16:45								16:45
17:00	17:00, Teen Mom OG, .	17:10, Catfish: The TV Show, .	17:10, Catfish: The TV Show, .	17:00, Catfish: The TV Show, .	17:10, Catfish: The TV Show, .	17:10, Catfish: The TV Show, .	17:00, Lindsay Lohan: Paradise Boss, .	17:00
17:15								17:15
17:30								17:30
17:45				17:50, Catfish: The TV Show, .			17:55, Siesta Key, .	17:45
18:00	18:00, Teen Mom: Young & Pregnant, .	18:00, Ex On The Beach USA, .	18:00, MTV Floribama Shore, .		18:00, Ridiculousness, .	18:00, MTV Floribama Shore, .		18:00
18:15								18:15
18:30				18:40, Teen Mom: Young & Pregnant, .	18:30, Ridiculousness, .			18:30
18:45							18:55, Siesta Key, .	18:45
19:00	19:00, Lindsay Lohan: Paradise Boss, .	19:00, Ridiculousness, .	19:00, SafeWord, .		19:00, Just Tattoo of Us (U.S.), .	19:00, Ridiculousness, .		19:00
19:15								19:15
19:30		19:30, Are You The One?, .	19:30, Are You The One?, .	19:30, Teen Mom OG, .	19:30, Lindsay Lohan: Paradise Boss, .	19:30, Just Tattoo of Us (U.S.), .		19:30
19:45							19:50, MTV Floribama Shore, .	19:45
20:00	20:00, Just Tattoo of Us (U.S.), .					20:00, Catfish: The TV Show, .		20:00
20:15								20:15
20:30	20:30, Catfish: The TV Show, .	20:30, Catfish: The TV Show, .	20:30, Ridiculousness, .	20:30, Lindsay Lohan: Paradise Boss, .	20:30, Ex On The Beach USA, .		20:50, Jackass, .	20:30
20:45								20:45
21:00			21:00, Ridiculousness, .			21:00, Catfish: The TV Show, .	21:10, Jackass, .	21:00
21:15								21:15
21:30	21:30, Teen Mom OG, .	21:30, Ridiculousness, .	21:30, Catfish: The TV Show, .	21:30, Ex On The Beach USA, .	21:30, MTV Floribama Shore, .		21:30, Jackass, .	21:30
21:45							21:55, Ridiculousness, .	21:45
22:00		22:00, Ridiculousness, .				22:00, MTV Unplugged Melbourne, .		22:00
22:15	22:20, Ridiculousness, .	22:25, Ridiculousness, .					22:20, Ridiculousness, .	22:15
22:30			22:30, Just Tattoo of Us (U.S.), .	22:30, Ridiculousness, .	22:30, Ridiculousness, .		22:40, Ridiculousness, .	22:30
22:45	22:45, Ridiculousness, .	22:55, Ridiculousness, .	22:55, Ridiculousness, .	22:55, Ridiculousness, .	22:55, Ridiculousness, .			22:45
23:00	23:10, Ridiculousness, .						23:00, Ridiculousness, .	23:00
23:15		23:20, Ridiculousness, .	23:20, Ridiculousness, .	23:20, Ridiculousness, .	23:20, Ridiculousness, .	23:15, MTV World Stage, .	23:20, Ridiculousness, .	23:15
23:30	23:30, Ridiculousness, .							23:30
23:45	23:55, Ridiculousness, .	23:45, Ridiculousness, .	23:45, Ridiculousness, .	23:45, Ridiculousness, .	23:45, Ridiculousness, .		23:45, Ridiculousness, .	23:45
24:00		24:10, Fear Factor, .	24:10, Fear Factor, .	24:10, Fear Factor, .	24:10, Fear Factor, .	24:05, Ridiculousness, .	24:10, Ridiculousness, .	24:00